INTENSE CHAI

Report date: 5/7/2024

Nutrition

	per 100g	per 10g
Energy	1643kJ/387kcal	164kJ/39kcal
Fat	1.1g	0g
of which Saturates	0.5g	0g
Carbohydrate	91g	9.1g
of which Sugars	87g	8.7g
Protein	1.4g	0g
Salt	0.03g	0g

Ingredient Declaration

Demerara Sugar, Cinnamon, Ginger, Cardamom, Cloves, Nutmeg, Black Pepper

Allergens

Suitable for Vegans and Vegetarians

Front of Pack

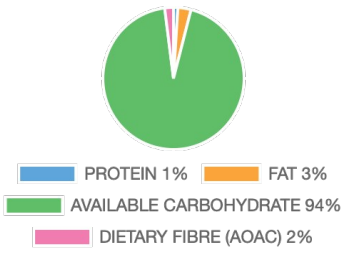
A 10g serving contains

Energy	Fat	Saturates	Sugars	Salt
164kJ 39kcal 2%	0g 0%	0g 0%	8.7g 10%	0g 0%

of an adult's reference intake

Typical values per 100g: 1643kJ/387kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity		% RI
Energy	kJ	8400	1643	20%
Total Fat	g	70.0	1.1	2%
Saturates	g	20.0	0.5	2%
Carbohydrate	g	260.0	90.7	35%
Sugars	g	90.0	86.7	96%
Protein	g	50.0	1.4	3%
Salt	g	6.0	0.03	0%

POWERED BY NutriCalc NUTRITION CALCULATION A TraceGains Brand